



JULY 2023

Village Green enhancements update

Over the past few years everything seems to have happened at a glacial pace. It has been a while since the community was consulted on development options for the Village Green and around the playground. And almost as long since bold concept plans of the possibilities were shared with the community. Progress has been made but the plans will develop in stages over several years as funding allows. The picnic tables and their shade sails next to the playground have already been installed.

For this year, funding has been provided from the KDC Reserve Contribution Fund for a pathway that connects the playground to the tables, plantings around the area and some log play structures around the playground. Work is well underway with the mosaic pavers for the pathway.

I recently spent a couple of hours in the studio of local artist Pat George who has been commissioned by Progressive Paparoa to create the mosaic pavers. I arrived to a studio filled with pavers at many different stages of completion. The larger pavers with images of local birdlife, colourful abstracts and Pat's whimsical creations; and smaller number pavers destined for hopscotch. I spied a completed number 1 with one black cat. Other pavers from 2 to 10 with the matching number of flowers, insects or other bright and eye-catching items at different stages.

Pat continued her work while we chatted. "It is much more complicated than people imagine", she said while selecting the colour to use as the background on number five. Then came tracing the shape of each piece and transferring it onto a tile with carbon paper. When Pat moved on to the bandsaw to cut the shapes she had made, I was forced to warn "watch your fingers". Pat was too kind to roll her eyes as she reassured me that she wouldn't get cut. She expertly cut the complex shapes without any danger to her digits.

After cutting Pat tested the fit of each piece then took it to the sander to fine tune the fit. I chose not to watch that. Before I knew it, four

pieces of background were cut and placed in position. Before I had a chance to do more than snap a picture they were taken out again. Once adhesive was spread onto the back of each piece they were returned to their place in the mosaic and manoeuvred into final positions until Pat was satisfied. The magic is happening.

Linda, PPCA



Paparoa Community Dinner

Another successful community dinner was held at the sports pavilion run by the Paparoa Sports and Recreation Association. Sixty guests of all ages enjoyed the delicious meal prepared by the committee, with funds raised going directly towards the maintenance of the sports pavilion.

Paparoa Sports and Rec is always encouraged by the great support for the community dinners, which was so popular we had a wait list. The fun quiz this time centred on facts about the Philippines in honour of local resident Shoh whose wife, Ninfa and two children, Justine and Jhazin Mae have recently joined him, to now live in the district.

There was also another celebration on the night as the committee farewelled and thanked Roxanne Kelly, community connector from Sport Northland who has been an invaluable support for sports and active recreation in Paparoa over many years. As well as fundraising, the dinners are a great chance for locals and visitors to get together to socialise, meet new people, and have their dinner and dishes taken care of. Thanks to everyone who helped and supported.

Libby
For PSRA



Quiz time at Paparoa community dinner

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Paparooa Press PP

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ADVERTISING

Rate Card available by email

Booking & Copy deadline:

15th of month

Publication date 1st Wed of month

Honk Jnr; Cast interview with 'Drake'

Based on Hans Christian Andersen's *The Ugly Duckling*, *Honk! Jnr* tells the story of an odd looking baby duck, Ugly, and his quest to find his mother. Soon after Ugly is born, he is seduced away by a wily Cat who wants to eat Ugly for dinner.

Eventually, Ugly manages to escape but has no idea how to return home. Along his way, he encounters a beautiful swan, Penny, tangled in a fishing line. After saving her, the two birds fall in love. However, she must return to her flock and fly south for the winter. And what happens in the end? Well, you'll have to come along and find out!

Jacob Lord, 14, plays 'Drake', Ugly's step-father. The Paparooa Press asked him a few questions:

Drake is a sarcastic character, the stereotypical sitcom father - often shirking his parental duties. Drake finds Ugly quite repulsive and isn't afraid to say it to anyone, including his wife.

How long have you been involved with ORT? 7 years

Why do you enjoy the theatre? I enjoy it because of the amazing people and experiences I get to have.

What are your other hobbies? I sing, play the flute and play soccer.

Why should people come and see "Honk Jnr"? Honk Jnr has



a really great story behind it and I think it would be a great family outing.

The cast features all local kids under the age of 18, and they've put a lot of hard work into putting on a great show - so don't miss it!

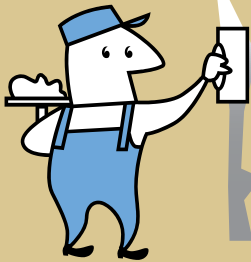
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Jenny

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A reminder to our contributors!

We need all advertising material by the 15th of the previous month and all editorial copy by the 20th. We cannot guarantee the publication of any material received after these dates.

While we always welcome editorial content we reserve the right to decline or hold over any articles outside our regular columns.

Opinions expressed in Paparooa Press are the author's own and not necessarily those of the editorial team or PPI.



Paparoa School news

One Year On....

This article brings me to the end of my first year of being Tumuaki - Principal of Paparoa School. I have thought back on the journey that I have been on over the last 12 months and feel blessed to be in the position I am in.

My challenges over the last year has to be the weather events. Although the school structurally did not get affected, the impact on the students and families was felt widespread. Since my husband and I arrived in July 2022 we have had so much rain! The fields at school are so muddy, cross country training has been interesting. Jobs can't get done as vehicles aren't able to drive onto the fields!

My celebrations have to be the Garden to Table programme and working with Whitebait Connections. These community projects instill a sense of pride into our Tamariki and this, I know, is the staple of so many community groups in Paparoa, The Pride of Paparoa, being proud of where you come from. I think the fences look good, now that I have got over the feeling of being locked away. We have also had a brand-new disabled toilet renovated which looks amazing. The

huge range of events that has happened over the last year is extraordinary and I love seeing the joy and excitement on the students' faces as they learn more new things.

My interests must be the rural features of a school, learning a lot about wastewater, tank water and the cost to go anywhere! The dynamics of being part of a rural community has also been a learning curve and from the educational side, dealing with the Ministry of Education bureaucracy.

Thank you to those of you in the community who have welcomed me into the Paparoa fold, as well as those of you who have supported the school and myself over the last year. I enjoy our chats, the advice, and concerns!

A huge thank you to the Paparoa School parent community for taking me into the fold, the staff for dealing with my random

moments, but most of all the students for allowing me to be part of their learning journey. I love our little school!!

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Depot grants a total of \$26,598 to local community

In its latest round of grant applications, the Paparoa County Depot Trust has been able to make grants totaling \$26598 to twelve community groups in the area.

The following organisations and groups have benefitted:

Marohemo Hall Soc, Hukatere Hall Trust, Ararua Hall Soc, Maungaturoto Centennial Hall Soc, Maungaturoto Country Club, Paparoa Memorial Hall Soc, Paparoa Sports and Recreation Soc, Paparoa Medical Soc, Otamatea High School Duke of Edinburgh Gold Group, Paparoa Lions Walkway, Matakohe Kauri Museum Trust and Kaipara Marchers.

In making these grants, Trust chair Graham Taylor said 'it is the fulfillment of the Depot Trust charter to be able to give these groups a financial hand up to achieve their aims. The activities range from junior table tennis, a senior student leadership program and a senior ladies marching group. We are also pleased to assist local organisations maintain their facilities as assets for their communities.'

The money for these grants results from the Depot Trust's surplus income from leasing commercial space at its property in Depot Rd. Applications for grants are called twice yearly with the next in November. The trust also has a Primary Industry Scholarship to be awarded to a senior student seeking a career in the primary industries. This is open for applications in August.

In the last 12 months the Depot Trust has distributed over \$45,000 to local groups and activities.

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Kauri Museum celebrates opening of new Forest Walkway

New Zealand's largest tree is being honoured at the opening of a new Forest Walkway inside Matakohē's Kauri Museum. The Museum has undergone a large redevelopment recently and is inviting locals to come see the changes and enjoy the new environment.

About 100 guests are expected at a dawn ceremony on Saturday July 22 to mark the official opening of the project, after which the Forest Walkway and Museum will be open to the public. There will be no entry charges to the Museum on Saturday 22 or Sunday 23

to mark the opening.

Over the weekend the whole museum will be open, including the Research Centre for visitors to look into family history, and the redisplayed Rintoul Collection of Maori taonga, which was returned to Matakohē from Auckland in 2019. Gumdiggers Café will also be welcoming visitors, as will the White Rock Gallery which has just moved into the Museum's historic Post Office.

The new addition features a forest of tall "trees" - cleverly designed light boxes - which lead guests through a newly-built space alive with a natural soundscape. The work was part of a multi-phase project supported by a \$3 million grant from the Provincial Development Unit.

Kauri Museum Director Barbara Hilden said the



Museum was delighted that this stage of work was finally completed and could be unveiled for the public to enjoy.

"It's been a long time in the making but we are thrilled with the result. The new Forest Walkway represents a significant shift in the types of stories we tell, how we present ourselves, and the sort of partnerships we prioritise. Everyone involved has done a wonderful job of modernising how we share information in a very experiential and powerful way."

Grant O'Neill



PAPAROOA PRESS NEEDS YOU!



Things happen in our little village (and surrounds) but we often don't hear about them until months later...

If you have a story, event, obituary, or news item you think the community should, or would like to hear about - then please, please, send it to us.

If you would like to make a regular contribution we'd also love to hear from you.

We can't be everywhere and know that there are many goings-on that simply pass us by.

Email press@paparooa.org.nz by the 20th of the month.

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Council Mark says – It’s been a moving experience

Yes indeed, after nearly 36 years on the same property (although not in the same house) Mark and Cindy have left Petley Rd and moved to Whakapirau.

I had always thought that it was David Lange who had said the past is a foreign country, but when I looked it up, the full quote is: “The past is a foreign country: they do things differently there”. This is a line out of L. P. Hartley’s book, *The Go Between*. I recall seeing the movie made from the book many years ago, must have been in a foreign country.

Why I mention this is that I feel some of my past is left behind at our old address, in the form of trees planted, fences erected, and houses built; now it is the turn of some new people to mould their own history on the place. They will do things differently there. The other part of the equation is how we will graft our past onto our new property, one of the challenges being that we

have moved into a smaller house, and with it the realisation that we have a lot more stuff than we need here. I think we have done our kids a huge favour by moving into a smaller place - they won’t have so much to sort through when we’re gone. And just because Petley Rd is now a foreign country to us, it does not mean we forget it- it still lives on in our memories at the same time as Whakapirau adds more experiences.

Council stuff: I missed the May council meeting but I draw attention to the following items:

1. The council voted to end its membership of Local Government NZ. In my opinion that is short-sighted, and not something I would have voted for, but that is what the democratic process has delivered.

2. I have been appointed as a member of the working

party which is finalising the new draft district plan to be publicly notified for submissions later this year. There is a lot which is really good about the new plan; as elected members we want to take just a little more time to make it even better.

Mark Vincent
Otamatea Ward councillor
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COMMUNITY CHAMPIONS Paparoa War Memorial Hall Society Inc.

Another one of our great assets looked after by a wonderful, hard working committee. The hall is available for hire which helps pay the many maintenance bills.

Current regular users of the hall are badminton, exercise to music, line dancing, mah jong, quilters, and yoga. See the regular events column on p19 for more information

The committee consists of Loraine Rowlands, Peter Risbridge, Kate Battensby, Robyn Skelton, Pete Hames, Ken Chambers, Ellisia Cleave and Stephen Findlay. Many of whom are on multiple local committees.

If you would like to be involved their AGM is on Monday 14th August, 6pm at the Hall

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News from Paparoa Farmers Market

Paparoa Farmers Market is your weekly opportunity to shop for local produce and locally made items. The market is organized by Progressive Paparoa and put together each week by a team of volunteers and paid helpers.

They help the stallholders each week with setting up and taking down market gazebos and facilities like the seating area where people can sit and relax during their visit. Music is supplied each week by local musicians who provide a variety of musical styles and appreciate your public support. The market team also take care of the traffic management

that is essential to allow us to hold the market right beside a state highway.

We love to see locals and visitors at the market each Saturday morning from 9 to noon.

We welcome more stallholders who might be interested in joining the market as regulars or from time to time, especially people selling products that our regulars do not provide. We are particularly interested in hearing from anyone selling fresh fruits, hot food, bread, cheese, or olive oils.

All sellers of foodstuffs must make sure it's safe and suitable. Most food sellers do need to be registered which does involve some organisation and paperwork.

Even if you don't need to register you can still be checked and held accountable if you make people sick. You may not need to be registered if you are:

- Selling food for fundraising less than 20 times a year
- Selling fresh fruit or



vegetables that you grew yourself

- Selling food for profit only once a year
- Selling ready to eat food made at home less than 20 times a year

We also welcome non food sellers, including plant growers, local craftspeople and artisans at the market. In addition if you have a seasonal surplus that you would like to sell, talk to us about our community stall and remember local fundraisers are always welcome free of charge.

See you on Saturday!

Linda Allan, Market Manager,
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Change of collection day

Rubbish and recycling collection day has changed for some rural properties in and around Matakoho.

From Tuesday 20 June, rubbish day has changed for properties on the following roads and their side roads:

Ararua Road, Gallie Road, Horniblow Road, Matakoho West Road, Oparakau Road, Petley Road, Tana Road, Te Tonga Road.

Collection on these roads will now be on Tuesday not Wednesday.

If your road is not listed above, your rubbish day remains the same. You can check your collection day on the KDC website.

Bags are supposed to be out by 7.30am on the day of collection. However this does not mean that, if you get to the drop off point later and all the other bags are gone, that you can leave them there to be ripped apart for the entire week. Take them home and get them there earlier, or the night before, next week. Spare a thought for the poor buggers who have to clean up the mess or even those living nearby who have to look at it...

If you put food waste in your rubbish bags they become a target for wandering dogs, possums, rodents and birds. If you really have no alternative try keeping the scraps in a bread bag in the freezer and putting it in your rubbish bag before putting it out on the day. Start a compost bin, bury food scraps in your garden, or throw vege scraps over the fence to stock.

Common sense, it seems, is actually not very common at all if the stinking piles of rubbish bags that appear over the week preceding rubbish day is anything to go by.

I've been thinking ... Bribery

Once upon a time I was quite flattered to get an email from someone thanking me for my custom and politely asking me to assess my experience.

Those days are past! Regardless of the incentives to complete their survey, or the politeness of the request, I press delete.

Reason 1. For grumpiness. I have better things to do. Having a cup of tea, addressing a crossword, writing for the Press are all better things to do even if forgoing a (real or mythical?) chance to be in a draw to win whatever.

Reason 2. The questions are far too difficult and strain my small brain. Take the continuum questions (rate the service between 1 and 10). Seems simple to me. If the person I am in contact with can provide the service/goods I want, they pass. That's a 10. If they can't they fail. That's a 0. Too hard to evaluate the nuances of

whether a smile or a 'have a good day' turns a fail into a 2 or a 5?

Then there are the multi choices where all the choices are irrelevant. Leave a blank and you are told it is a required field. Argh!

Reason 3. The suspicion that organisations are simply ticking a box; themselves obliged to seek opinions/feedback by constitution or policies. Ticking the box is more important than collecting information.

Reason 4. Given the firms have to tick a box (as above) the best way of protecting themselves and their staff is to make the whole business totally impersonal. Everything is anonymous. Only a computer reads the results. There is no chance for a disgruntled

respondent to identify a staffer or anything in particular, so nothing specific can be addressed, let alone remedied. The organisation can bask in complacency.

What is wrong with a good old fashioned interpersonal conversation to elicit opinion?



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Out of hours books can be returned to the returns box inside the door to the right at Skeltons Drapery

Paparoa Library Manager
09 431 7555 (During library hours)



White Rock Gallery at Matakohē - OPEN!

After a very busy few weeks where members and friends have been hard at work cleaning, painting, setting up lighting and signage etc, White Rock Gallery is proud to OPEN their new Gallery space. As of 1st July 2023, we are at the rear of the Post and Telegraph Office, part of the Kauri Museum complex.

The three rooms and hallway are now light and bright, the artwork has been hung, and the crafts displayed in a very 'gallery like' welcoming space.

If you are visiting the Museum or having lunch at the Gumdiggers Cafe pop in and have a look and chat to whoever is on duty. The Gallery is staffed daily 10.00am to 4.00pm by White Rock members and also 'Friends' of the Gallery, who help us out with the roster.

If you are a Kaipara based artist or crafter and looking for a space to display your work and be part of a local collective, please call in or email whiterockgallerynz@gmail.net.nz

Also if you would like to volunteer to be a 'Friend of the Gallery' welcoming visitors from near and far to our lovely Kaipara district, we would love to talk to you

White Rock Gallery Committee

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Vale Owen Stevens

Long time Pahi resident Owen Stevens passed away recently. Born at Paparooa's Nurse Cavell Memorial Hospital, Owen attended Paparooa Primary School and later boarded at Northland College, Kaikohe.

He became a farmer, beekeeper, fisherman and healer using osteo skills to help people and animals.

His leisure activities included skiing and boating. 'Cloon Eavin', Pahi was always his home and the place he never wanted to leave. He contributed much time and effort to local projects such as the building

and maintenance of the Pahi wharf, Regatta Club, Pahi Hall management and environmental enhancement.

On a wider scale his interests were with conservation (Paparooa Privet Attack, Otamatea Harbour Care), and he was a Life Member and stalwart of several local Buffalo lodges.

He was very much a people person who kept up with a large and various group of friends, using his prodigious talent for remembering names, faces, interests and events. I recently took him some photos of Paparooa school classes of the 1950s and was amazed at his ability to reel off the names of at least 90% of those pictured.



Many of us will miss his arrival at our door bearing gifts, his generous hospitality and his willingness to listen, help or just generally reminisce.

He is survived by his wife Mary, and children Genevieve, Adam and Marama to whom we extend our sincere sympathies.

Ruth

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**OCS July News**
COMMUNITY LUNCH

We would like to clarify changes to the lunch day as there has been some confusion, although we have had notices around Maungaturoto township since 18th May outlining our plans. If in doubt look for the notice in the Pharmacy, Medical Centre, Tony's Lotto Shop and 4 Square notice board, plus the regular monthly article in the June Maungaturoto Matters.

There has been a significant drop in numbers attending the lunch of late, and many more requests for home delivery. Also, some guests do not arrive for morning tea, preferring to come at 12 for lunch and then be on their way. This is up to the individual of course - however the aim is to bring people out to meet new friends, catch up with old friends/ neighbours etc, with the added bonus of a tasty morning tea and lunch: just a nice day out with lunch provided. So - we made the decision to cut back to bi-monthly for a while and find out how that goes. Also, we do prefer that people attend the lunch rather than have it delivered to them. There are exceptions for very valid reasons, naturally.

CALENDAR FOR JULY:

SENIOR/COMMUNITY LUNCH: Wednesday 5th July. Starting at 10am morning tea, then lunch at 12.

Please phone us if you have not been but would like to come along so we can cater for you. 09 431 9080.

SHOPPING TRIP to Whangarei on Tuesday 11th and Wednesday 26th July. The van leaves the retirement village at 9am and arrives back after lunch. You can do your grocery shopping, or ask to be dropped off at other locations to suit your needs.

Our staff all have busy workloads but with a couple on leave at present there has been some juggling of appointment times, however we will soon be back to our normal schedule.

For further information phone us on 09 431 9080.

Best wishes from all at OCS

Letters from The Old Post Office...

Oh, beam me up. Anyone.



It has been that kind of week. Feeling that I am floundering in a sea of stupid, irrelevant, infantile, toxic invertebrates.*

Well, Dear Reader having vented, but believe me only a very little considering the depth of feeling and only using temperate language which really is not up to the task; I wish to share the load, and, if you too do not share the anguish after finishing this rancid epistle, well obviously I should hang up my pen and hang down my head in shame. (Something I have been offering to do every time our beloved editor mentions due dates, again).

You may take a breath now. And take that you run-on sentence you! Just think Dickens.** And no, I have not been drinking. Yet.

So yes, am thinking spineless, following the rules, and never questioning their efficacy nor applicability (unless safely behind some sort of online persona). And inclusive in this category of spineless creatures, but not excluding any person that I may feel so inclined, are the many and varied civil servants. Please note the misuse of the word servant. The ones I have come across may in no way be termed a servant. Service? Let alone with a smile, is an old fashioned, obsolete term, let alone behaviour.

An example of a recent interaction, "I am afraid, Ma'am, that that transaction must be performed in person."

Fronting up after an hour's

drive, pleausurably playing dodgem with our lovely plethora of potholes, warily hiding from the parking warden and then queuing for the obligatory purgatorial wait (including the usual changing of the morning tea, lunch or afternoon tea staffing process) one collapses nearly insensate upon the counter. Born down under the weight of: passport, drivers' licence, proof of address x 6000, blood type, height, weight, last meal, marriage certificate, birth certificate, recent bank transactions, death certificate etc etc to be told, "The rest of this process must be authenticated over the phone in a private space. No Ma'am, we can-not do it here and now, you must return whence you came." The on-line process only requiring another 6000 identification steps none of which is readily to hand, after the usual wait

of 7000 hours and the usual "Your call may be recorded for training purposes, and we are currently experiencing a higher than usual volume of calls." I will give them volume!! Well, much use of expletive infixation later, the robot voice has hung up. Someone has a sense of humour.

And then there are the FB fascists, quick to comment, quick to judge but remarkably absent when anything constructive needs to be done. However, that will require a whole new rant.

I will leave you with Oscar Wilde's words of wisdom, "We are each our own devil, and we make this world our hell."

Therefore, I shall dance from pillar to post (literal and metaphorical) with a smile pinned to the lips and a merry

song buried deep in my heart.

* Invertebrate: an animal lacking a backbone,

** Charles Dickens, master of the sentence taking a WHOLE page.

Deb

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It's dog registration time

This can be renewed from 1st July. All adult dogs must be registered by 31 August annually, if you are late registering your dog, a higher registration fee will apply. All dogs must be registered by the time they are 12 weeks old. Fees for new puppies registered during the year depend on when you register your pup. For example, if you register a pup in January, you only pay for the remaining six months of the registration year.

For 2023-2024, there is an increase to dog registration fees. The increase is to cover costs after three years with no change to the fee amount. Dog registration fees can be found in our Fees and Charges list at kaipara.govt.nz/fees



You can register your dog at the KDC offices in Dargaville and Mangawhai or online at kaipara.govt.nz/annual-dog-registration.

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Mah Jong in Paparoa

Did you know that the Chinese game of Mah Jong is alive and well in Paparoa? It was first discovered in the home of Marian Harkness in January 2017. Marian started the group (and taught many of the current players) with the desire to meet new people. And it worked! When Marion decamped to Auckland the tiles were transported to the home of Verity and Barry Baines. Barry usually went out on Mah Jong afternoons. The group now meets in the Paparoa hall on the 1st and 3rd Tuesday of the month from 1.30pm through to about 4ish depending on commitments.

The game is played with domino like tiles based on Chinese symbols and characters. The object of the game is to achieve Mah Jong by building a winning hand as quickly as possible. A winning hand usually consists of 4 sets and a pair – 14 tiles. There is some luck involved but strategy is equally important. Playing Mah Jong has some unexpected health benefits. Studies have shown that it can help slow down or reverse the decline of cognitive function, it can help to improve eye hand coordination, it helps with short term memory and can decrease the possibility of depression.

And above all it is about having fun!



In China the game evolved to represent peace and friendship and the Paparoa group continue this ethic. We are a very relaxed bunch and play for enjoyment and social contact. We are more than willing to teach newcomers.

If you have any questions please phone Sara 021 0774947 or Pauline 027 2880462

GROW WHAKATIPU Paparoa Inc

We are happy to say we are back to harvesting and slowly recovering from our caterpillar invasions over the last months. Harvest is still slow and we are only giving out a fraction of what we would normally. If you have any fruit on trees that you don't wish to pick yourself please get in touch (kfullerton25@gmail.com) and we will arrange to have it harvested and sent on to the food banks. Additionally if you'd like to pop down on a Thursday, Friday or Sunday and drop it off you'd be very welcome, why not stay and have a cuppa too!



We would like to say congratulations to Brian Baker, the winner of our firewood raffle. We would also like to sincerely thank all of those who supported it, especially the Paparoa Lions who kindly donated and delivered the wood.

It was national volunteer week in June and we would like to thank all of our volunteers, they are amazing and we couldn't do what we do without them. A special thanks to Rowie from Salt Water Nursery for her continued support with seedlings delivered to us.

Our most exciting news is that our new Aladdin's Cave is underway! If second hand treasure troves are something that particularly interest you we are looking for new volunteers to help in the shop too. Please keep an eye on our facebook page for updates on the future grand reopening.

Katie Fullerton

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As a retired rural Veterinarian with ten years' experience in real estate selling farms, residential and lifestyle properties, Nicky has a driving passion for helping people. Thriving on change and challenge herself, Nicky loves working with her clients as they move through a time of change in their lives to achieve their property goals.

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What do you need for your hobbies? Proximity to like-minded people? A spare room, studio, workshop or garage? A veggie garden, orchard, hen house or paddock?

Could you work from home? Or would you like a passive income?

The answers to these questions will help tell you what your next property will look like. Feel free to ring and share your dreams with me, and I wish you all the best in achieving YOUR property goals.

BOOKS AND BOOKCLUBS

One of my Bookclubs wanted us to all read this book and so for their sake I forced myself to continue through every bloodthirsty page of cruelty and carnage. Now, I consider this kind of novel mind pollution, rubbish that goes in there and causes depression and nightmares. But over 100 million others can't get enough of them. They even make movies! Yes it was one of the Jack Reacher series, "Blue Moon," where this merciless killer plays God and deals out what he considers justice. I shudder! However, for all you fans there is plenty of action as our "hero" takes three pages of strategizing to make the countless split second decisions he needs to make to save himself and society. My Bookclub agrees with me. Adjectives shared were: unemotive, clinical, bizarre, bonkers, horrifying, clever, gratuitous, gross, funny, a black comedy. Reading it together did generate plenty of discussion on the state of our world and this genre's contribution to it.

Completely different and one for the modern woman is Fiona Lowe's "A Family of Strangers." The women portrayed here struggle to battle through alcohol dependency, sexual abuse in the workplace, infertility and miscarriage, blended families, lesbianism, inequality, unhelpful husbands, raising pre-schoolers while starting a business, it's all here and of course with a happy ending, all problems solved. An added bonus for those who can relate is that singing in a community choir is what turns all these women into a family, a family of strangers. I am becoming more of a modern woman every day as I read this one on my phone, borrowed from an e-library.

A gem of a book I discovered when browsing a bookshop is "The Boy, the Mole, the Fox and the Horse," by Charlie Mackery. A mix of Beatrix Potter and Winnie the Pooh, with feel good motivational life advice, a story of love and friendship, beautifully illustrated on every page with sketches, drawings, water colour paintings and humorous little captions. There is a story about this story. I bought myself a hard cover copy to keep as a treasure on my coffee table to cheer me up from time to time, then gifted it to my daughter and bought myself another. She had seen trailers of it on Youtube as it had gone "viral" in the UK and the BBC had made a short film of it. As a consequence of the movie the author re-wrote and re-illustrated a new and improved version, same title but with a sub-title "The Animated Story". I came across it when browsing my e-library and discovered the changes. It is a better read, and has many more of the beautiful water colour paintings and pen and ink drawings that were used in the movie, but it has left out quite a lot of the little gems of wisdom of the original. "I'm so small," said the Mole. "Yes," said the boy, "but you make a huge difference."

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- ◆ If you prepare "ready to eat" food or drinks we can always use more of that.
- ◆ If you want to sell your own garden surpluses or things made from them then bring it.
- ◆ The majority of our stalls will be food, fresh produce and plants.
- ◆ Preference is given to locally grown, prepared, or made items.

In any case talk to Linda about options and possibilities:

at activator@paparoa.org.nz

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Too good not to share

This very appropriate poem was recited to a local resident by a 90 year old gentleman he encountered in a Whangarei supermarket carpark...

Rain

It rained and rained and rained and rained
The average fall was well maintained
And when the tracks were simply bogs
It started raining cats and dogs
After a drought of half an hour
We had a most refreshing shower
And then most curious thing of all -
A gentle rain began to fall
Next day but one was fairly dry
Save for one deluge from the sky
Which wetted the party to the skin
And then at last, the rain set in

Author unknown, but thought to be written by someone on the West Coast of the South Island.

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Chokos - what can you do with them?

These things are everywhere and most people can relate to visiting a friend and, upon leaving, being asked, "Would you like some chokos?". Say yes! The odd looking green things being thrust into your arms are a much misunderstood beast.

They are so versatile and while not really having much flavour of their own, will take on flavours and bulk out almost anything you are cooking.

They can be added to curries, stews, casseroles, stirfries, soups, and even salads and desserts. You can slice, dice or grate them, crumb and fry slices (think choko parmigiana), bake them in a cheese sauce, add to sweet or savoury pies, or there's even recipes for cakes! They also make a fantastic picalilli ingredient either with other veges or on their own.

The possibilities are endless and the internet is full of delicious recipes so give them a whirl.

You can also use in the place of potatoes in soups and stews which is great for any diabetics or those watching their carbohydrate intake.

If you have any that have sprouted pop them on the ground in a shady spot with something they can climb up.

This winter I've been making a

delicious soup that went down a treat at a recent pot luck with a group of foodie friends. So, being the caring, sharing type, I'll share it with you.

Choko (and more) Soup

Makes a good amount and all quantities can be adjusted to taste.

- 2 large chokos
- 2 onions
- 4 carrots
- 2 stalks celery
- A good chunk of pumpkin
- 4 cloves garlic
- 3-4 cups vegetable stock
- Butter or oil

Heat as much butter or oil as you're comfortable with (I use a good whack of butter - 2-3 tablespoons) in a large saucepan.

Peel and chop your veges (not the garlic yet) and throw them into the pot.

Stir on a medium heat until the onions are browning, then add

the chopped/crushed garlic.

Stir for about a minute then add the stock.

Lower the heat a bit, cover, and let it simmer away until all the veges are soft.

I then give it a bit of a mash to just break up bigger chunks - and the softer pumpkin acts as a thickener. But you could leave it chunky or blitz it if you prefer a smoother soup. you could also stir in a big splash of cream if you're feeling indulgent.

Serve with a dollop of sour cream and chopped parsley.

Margie



Community Showcase

Sunday 30th July at the Paparoa War Memorial Hall.

We see this event as being a great opportunity for community organisations to showcase what is available for everyone to do in our community, as well as creating an opportunity for the various groups to network with each other and to work alongside each other. Ultimately we are hoping that by strengthening the relationships between organisations and groups we be able to keep improving the community in which we all live.

We have over 20 groups and organisations already registered to come so there will be something for everyone. We are hopeful that the end result will be more support for the groups and organisations involved, whether that be more volunteers, or participants in a sport or exercise group.

From 2.30pm the community groups will set up their tables/booths and this will be a chance for the members present to be networking with other organisations. Then from 4pm the showcase will be open for the public to wander around the hall checking out the various booths and chat to the groups that you want to know more about. During the afternoon the groups will be given a brief opportunity to advertise themselves over the PA if they want to.

We also want to set aside a short time for the community to discuss what we did well when Cyclone Gabrielle struck, what didn't go so well, and how our community can be better prepared in another crisis.

At about 6pm we will close the afternoon with a light shared dinner of soup and garlic bread provided free of charge by Progressive Paparoa, and we hope people will stay and enjoy more time connecting with each other.

We look forward to meeting you all at the showcase.

On behalf of Progressive Paparoa

Thank you.

Pete Hames and Ellisia Cleave
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Maungaturoto and Districts Rotary

By the time this edition appears, we will have new personnel in not only our own Club, but also in District 9910. Our present District Governor, Matt McLeod, will give a summary of his year. This is always very interesting as Rotarians and their Clubs have a variety of ways in which they fundraise and interact with their communities (from the North Shore, through to the Pacific Island nations of Noumea, Vanuatu and Norfolk Island). We will also get a chance to hear what our Governor elect, Neil Murray, has planned for the ensuing year.

As far as our own club is concerned, we will have Babe Kapa coming on Board. This position is only held for one year and we look forward to hearing what Babe has planned for the year. He has already suggested that he wants some discussion on how we, as members, perceive the way forward. Watch for coming updates in this area.

The work in Nikau Grove has continued. Thanks to a number of different Rotarians, who have provided both material and labour, the area around the kauri tree is now much more secure and user friendly. As you can see from the photo,

the lead up has been made much more effective by the addition of hosepipe attached to the guiderails. With the addition of some artificial turf, the actual surface of the bridge is no longer slippery. A "weed-busters" group



is now planning to work through the area and further hosepipe will not only define the edge of the track, but also (hopefully) restrict access off the track, so that the new growth can appear unhindered. Please encourage newcomers to the community to take advantage of this very pretty piece of native bush right on our doorstep.

The walk on Trewin's farm (thank you Bryce and Aneta for allowing us to access this) went very well, although it was mainly Rotarians and family who attended. It is amazing the fantastic views of the Kaipara one gets when time is taken to go off the beaten track.

If you have an hour or two to spend each week, and are of a patient disposition, it would be great to have you on board as a Driver Mentor. Overall, lesson length varies from 1 hour for beginners to 3 hours for those close to their test (this is because we have to travel to Whangarei and Dargaville to give students relevant experience). The normal programme covers around 12 lessons. Mentors and students are matched for availability re day and time. We are receiving more and more requests from people wanting to sit their restricted - many of them students. We do have our own car for this purpose and work under the umbrella of People Potential, who pay our running costs. Please get in touch with me if you are interested, on 0211420357.

Eileen

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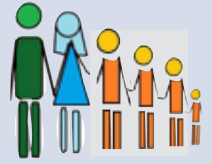
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From our family to yours Complaining Cessation



In case it was assumed my monthly rantings are complaints about family life and deadly pussycats, it couldn't be further from the truth. I hope my airing of the daily malarkey that is my boring life cheers and perhaps brings joy to those whose babies have long since grown up and moved away- a day I will someday look forward to, but with each new child's arrival, drags further away.

I am okay with this, as I have realised, after many various jobs, that for me no role has been so great and important as being a mother. This is my career, I can say that now. After long marches of feminist strivings, I realise that the boldest office I can hold is at home, with my kids. Loving them. Raising them to be decent human beings, who will go out and make lives of their own. Serving them, caring for them and just simply being here for them. Without complaint.

'Cause oh boy, I know the complaints of the daily domestic grind- the endless washing, the constant cooking, the taxi services, the sleepless nights and- enough!! What a privilege to have children. To be joy in an apron. After nearly 17 years of raising them, I've realised my errors- lots of them. Discipline raises kids who aren't entitled brats. Boundaries bring comfort that they are being lovingly guided on a pathway somewhere. Not everything in life is fun, or fair- while family is a team sport- the parents are the coaches, not the team mates. Because there is a respectful order, the kids are not the boss. And my biggest error- cooking special food for fussy toddlers makes fussy people. Just eat it.



So we're having another one. Because this time I'll get it right. (haha...) And after 4 sons, I am super excited to announce we are expecting a daughter in October. So if you see me waddling about Paparoa in search of chocolate, say Hi and call me crazy, but number 5 child is a blessing for us not a complaint- like I told my less than thrilled father, you don't have to raise them. Its an honour for me to.

Have a snug July!

Jenny

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Temporary measures to streamline Market



For some time, the Farmers' Market management team have sought ways to make the setting up of the weekly market easier on the volunteers and paid helpers that turn out every Saturday. The gazebos and traffic management gear are carried on a custom-built trailer that has now outlived its capacity. It's hard finding people with vehicles of sufficient towing ability.

To solve this problem, a 10ft container has been purchased to house this equipment.

Finding a suitable location has proved difficult as a preferred position has not met planning rules under section 12.10.7 (1) of the District Plan. Who would have thought?

However, council has been very considerate and allowed the present location to be used on a temporary basis pending application for a Resource Consent and relocation to a better position.

The Market Team, a part of Progressive Paparoa, are aware the current location is a bit of an eyesore and are applying for consent for a more discrete location long term. The immediate benefit is that the volunteers have ready access to the gazebos and furniture that are an integral part of the Farmers' Market. This makes for increased participation which is always positive. If you are concerned that the current position of the container is not the best be assured the team is working on relocating once permission is granted.

Progressive Paparoa would like to thank council staff for their assistance and positive response.

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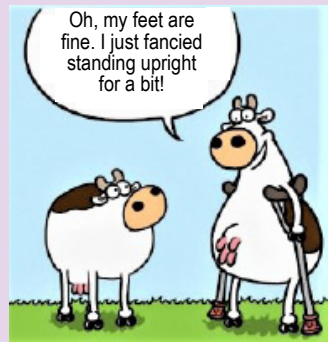


Sore feet...

What a mud wallow this winter is turning out to be! It's bad enough that the cats bring wheelbarrow loads of mud in on their feet but for our animals that live outside all the time constant wet feet can bring issues.

Normally our hooved animals get dry feet over summer and their hooves and soles harden up and get thicker so they are more resilient to the wet weather. This year with our tropical rain conditions over summer this didn't happen. Now with the constant mud underfoot hoof health will be challenged.

There are three components to feet getting problems: genetics, environment and pathogens. Some breeds of sheep and goats especially are much more susceptible to footrot than others. Horse and cattle living in the same conditions will have varying abilities to stay sound.



Changing genetics is part of a long-term solution to keeping animals healthy as is feeding mineral supplements to correct any dietary deficiencies. In the short-term identifying and treating any

lame animals quickly is important. If you have any animals with problems don't just check the lame foot, check them all. Also check animals that are sound, as always prevention is better than treatment. If you don't know how to trim your animals' feet, get someone to show you how. Hooves with ragged edges are much more vulnerable to getting under-running and then infection into the deeper tissues. There are several products available for spraying or soaking hooves with to treat infections and harden soles. More severely affected animals may need antibiotics and pain killers to resolve deeper infections.

Please don't ignore limping animals, sore feet are painful and in the current conditions will not magically cure themselves. Keep your gumboots handy!

Take care, Janine

Florence Nightingale the statistician

200 years ago this amazing woman invented the pie chart.

She used this visual form of presenting data to show Queen Victoria that many soldiers fighting in the Crimea were dying from causes unrelated to their battle wounds.

Prior to this histograms had been used.

What a clever determined lady.
Stella



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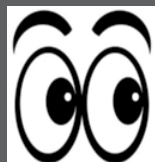
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Science Corner



The missing link?

Asgard Achaea (Loki) Micro-organisms - and a very patient scientist

Cells of animals, plants and fungi (eucaryotes) have membrane-bound organelles (including a nucleus and the power generating mitochondria) with both single and multi-celled forms. Bacteria (procaryotes) however, are always single celled and have no separate nucleus.

Asgard microbes belong to a separate group from bacteria as, although they are similar in size, they have a very different molecular organisation.

They have an unusual body shape being round but with filaments of actin sticking out- like a medusa. In other words, they look like something from outer space.

They grow in the deep-sea floor muck and hot springs, but cannot be exposed to oxygen or separated from their growing mates or they die. Their growing mates may live between their tentacles.

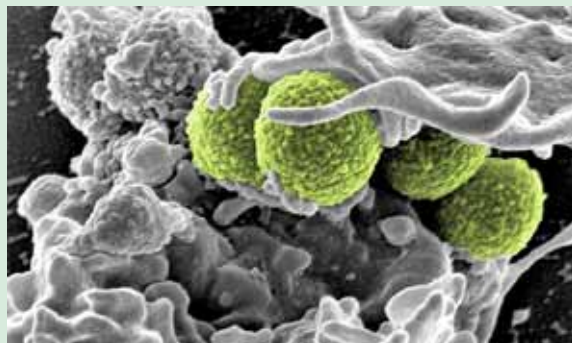
Asgard archaea are found growing near hydrothermal vents under the sea. Their growing companions are sulphate-reducing bacteria or other types of Achaea- handy if you live near an under-sea vent.

In 2006 off the coast of Japan a core of sulphurous sediment was brought up from the sea floor (2.5km below the surface) and a scientist called Imachi put a sample into a bioreactor that could simulate a deep-sea environment. He selected the archaea organisms by using different antibiotics that killed other microbes but not the archaea companions that they couldn't live without. Then he was patient- and he got results- enough of these bacteria so that he could see them under an electron microscope. The archaea only divide once every 2-3 weeks unlike other bacteria like E coli that divide once every 20minutes.

In 2019 Imachi had success! A very patient scientist.

Archaea have now been found in other parts of the world- Christa Schleper in Vienna found her different archaea after 6 years - and there may be more successful scientists around the world but they are keeping quiet about it.

So now the race is on among competitive scientists around the world to find out more about this amazing living organism. Some think that this organism is the stepping stone between bacteria and complex living cells.



Stella

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- Nuts, seeds, wholegrains, and legumes
- Chickpeas, couscous, eggs, lentils, oats, and walnuts
- Allium vegetables, such as onion, garlic, leek, and chives
- Cruciferous vegetables, such as broccoli, cauliflower, cabbage, kale, and bok choy
- Leafy green vegetables

Vicky



Roger Price
0272880944 Mechanical Services
09 431 6620

Lifestyle Autos
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July Gardening Notes

Citrus season is here. Varieties of oranges, mandarins, lemons etc are ready to harvest, fresh from the garden, at staggered times over the winter months. They provide valuable sources of Vitamin C fighting the ills and chills and help build up one's immune system.



To help keep your trees happy and healthy this winter:

- Apply a layer of compost mulch and sheep pellets out to drip line to help protect surface roots, conserve moisture and suppress weeds. Although citrus tree roots are currently dormant, a dressing of dolomite lime and gypsum now increases trace elements, provides nutrition and improves leaf appearance without stimulating a flush. Leave until spring/summer before feeding them with citrus manure.
- Spray with garden suitable spraying oil, available from Farmsource and Garden Centres, to help prevent insect pests such as scale, whitefly, mites and aphids. Telltale signs of their presence are curling of leaves, black scum/sooty mould and with ants crawling up the tree.
- Verrucosis is the fungus disease causing lumpy fruit and diseased foliage. Regular spraying with Copperox in between completion of flowering until it starts to bud and flower will help prevent the disease.
- Sweetness of oranges can be affected by a variety of factors like lack of citrus fertiliser or climate (they need some warmth and sunlight to sweeten). Some varieties are more sweet than others, but try leaving fruit on the tree a bit longer.
- Dry lemons through a lack of water and fertiliser over summer as fruit is forming can't be resolved in this season's crop.
- Use secateurs to prevent damage to both fruit and branches encouraging disease.
- Prune off dead, diseased branches and those that have become large and misshapen. Avoid pruning Sept/Oct as there is a risk lemon tree borer laying eggs on fresh cuts, otherwise cuts can be sealed with a water based paint or pruning paste.
- If there are signs of 'Jack Frost' appearing, protect tender growth with a light sprinkling of water over frost-tender trees early in the evening before. As the temperature drops the ice forms a protective coating on the leaves from the rapid temperature change. If there are signs of frost damage wait until the risk of frosts has passed before pruning off damaged growth.
- Prune Roses. By now the branches should have hardened, reducing the risk of bruising and attracting die back when cut too soft. Clean pruning gear with methylated spirits prior to and in between cleaning bushes. Cut out all dead, diseased and weak branches before pruning remaining branches back roughly by 1/3rd. Seal cuts with pruning paste, and use a wire brush to remove any loose bark and moss providing a haven for pests and diseases. Spray with Copperox/spraying oil mix. Lightly cultivate soil and apply a mix of lime and rose fertiliser to the rose bed.

JR

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Paparoa & Districts Community Showcase

Paparoa Hall, July 30th, 3:30pm onwards

Over 20 community groups on display
From sports groups to weed control with
everything in between.

Come along and see what is available in
your community, get involved!

The showcase will be followed by a free
winter supper.

Help your group to be seen?

To get involved

Email progressive.paparoa@gmail.com

Phone/text 0273835194



Event and supper courtesy of
Progressive Paparoa Inc



**PAPAROOA
COMMUNITY
LIBRARY**

AGM

**Wed 26th July
3.30pm**

at the Library

NB: The library will close early that day at 3.15pm

**Paparooa War
Memorial Hall
Society Inc.**

AGM

Monday 14th

**August at 6pm
at the Hall**

Everyone welcome

OUT & ABOUT AROUND TOWN

Paparooa's Farmers' Market happens every Saturday morning, 9am - 12 at the Village Green. Fresh fruit & veges, sweet treats, plants, olive oil, fish, preserves, live music and so much more. A great place to catch up with friends or make new ones.

Flax Weaving At Shop & Brew on Sundays. Bring some flax and learn under Naadi's tuition. Feel free to come in and try it out.

Artisan Market Fourth Sunday every month. Paparooa Memorial Hall 11am - 3pm. Next market July 23. Email artisanmarket.paparooa@gmail.com or ph Steph 027 452 7124 or Ruth 021 433 969.

Grow Whakatipu Paparooa Drop in for a chat, hands on experience, or a cuppa. Every Thursday & Friday 10am- 1pm.



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Behind the Scenes at the Library

Change is afoot at the Paparooa Community Library.

The library has not charged fines for quite a while now and from 1 July the library will be totally fee free, with no more charges for "rental books" either. So there is no reason not to return your overdue books- we will be delighted to see you, and all books will be free to borrow from Saturday.

Add that to the free wifi, comfortable environment created by the newly installed heat pump, and sumptuous sofa, and the library is the ideal place to spend a couple of hours on a miserable day.

Coming up during July, we will have two Chromebooks available for use within the library while it is open. These will be ideal if you need access to a computer to search for something, or check and send email, and so much more.

Our long time Manager Jas is stepping aside as of the end of July. One of our volunteers, Linda has stepped up to act as Manager until a replacement is selected at the Library AGM (26 July at 3:30pm). The library will be closing at 3pm (one hour early on that day).

We are looking for more volunteers to help run the library either while the library is open or behind the scenes helping with admin. Call in to grab an application form or call Linda on 021362468 to be sent one.

The library is open two hours a day, six days a week. (See the library hours on page 7)

Linda Allan



**PAPAROOA
FARMERS
MARKET**

**EVERY SATURDAY
THE VILLAGE GREEN 9-12**

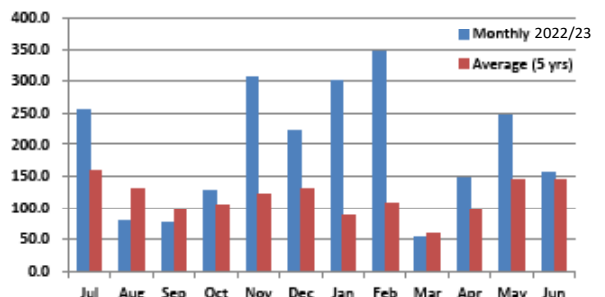
Market Manager
Linda 021 362468
activator@paparooa.org.nz

It's raining, it's pouring...

Last summer was the wettest in a long time by far, and it was preceded by the wettest winter last year. We are now almost exactly 1,000mm above the five year average! That's an extra one metre of rain on your property!

The five year average was 1382mm and the actual rainfall over the past 12 months to June 28 was 2314.7mm

Measurements taken at Taylor's, Paparooa. Average, NRC data.



WHAT'S ON - JULY 2023

The Kauri Museum - open 7 days, 9am-5pm

- Forest Walkway opening** - and free weekend (July 22-23) See p4
- White Rock Gallery** - 5 Church Rd Matakoho (Kauri Museum) Open 7 days 10 - 4.
- Paparoa War Memorial Hall Society Inc AGM** - Mon July 14, 6pm, at the hall..
- Paparoa Community Library AGM** - Wed July 26, 3.30pm, at the library.
- Paparoa Artisan Market** - Sun July 23rd, 11am - 3pm, at the Paparoa Hall.

REGULAR EVENTS, MEETINGS AND ORGANISATIONS

- Anglican Church St Marks** Hook Road, ph 431 8193 or 431 6224 for services info
- Ararua Church** 10.30am every Sunday. All welcome Ph 431 6622
- Art Studio, Ruawai** Wed 10-12noon ph Frances 439 2554
- Badminton** Thursdays 7pm Paparoa Hall \$2 students, \$3 adults, Pete 021 056 7163
- Exercise to Music** Tue 10.30am Paparoa Hall \$5 Ph Janice 021 0282 0969
- Farmers' Market** Every Saturday 9-Noon, Village Green, Linda 021 362468
- Grey Power** Last Wed in month, 1pm, Anglican Church Hall, Maungaturoto
- Grow Paparoa** Thur/Fri/Sun 10am to 2pm at the Community Gardens
- Holy Trinity Anglican Church**, Maungaturoto, 1st & 3rd Sundays, 10am; 2nd & 4th Sundays, 4pm. All welcome
- Kaipara Marching Team** Weds 4-5.30pm, M'gto, Ph Lyn Hutchings 022 070 8674
- Line Dancing** Thurs 10am-noon Paparoa Hall Ph Jackie Comes 027 368 7298
- Paparoa Mah Jong Group** 1st & 3rd Tues, Paparoa Hall 1.30-4pm, Sara 021 0774947
- Mainly Music** Wed 9.30am Paparoa Comm Church, Lynaire Porteous 431 7520
- Matakoho Garden Circle** 1st Weds each month, 1pm, J Mackinnon 431 6689.
- Maungaturoto Opportunity Shop** Open Mon 10-1pm Wed 10-3pm Fri 10-3pm
- Maungaturoto and Districts Rotary Club** Maungaturoto Centennial Hall, Tuesday evenings 6pm, Ph Stella 021 149 0877
- Otamatea Quilters** 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262
- Outdoor Bowls** Maungaturoto Green Ph Tony 431 6026 or Brian 431 6884
- Pahi Hall** available for hire Ph Tina 0210335128
- Paparoa Community Church** Sundays 10.30am, 4 Hook Road, 431 6795 or Dave Porteous 0274 180 676
- Paparoa Garden Circle** 2nd Wed of month. Contact Raylee Over 431 6880
- Paparoa Hall** Functions venue Ph Robyn 431 7306 or a/h Loraine 431 7290
- Paparoa Library** Mon, Wed 2-4, Tues, Fri 11-1, Thurs 11.30-1.30, Sat 10-12. Library Manager 09 431 7555 during library hours. Returns Box at Skeltons
- Paparoa Lions** Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavilion
- Paparoa Playcentre** Tuesday and Thursday 10am-1pm Visitors Welcome Ph Kirstin 431 7373 txt 021 525 425 or Jane 431 6148 paparoa@playcentre.org.nz
- Paparoa Primary School** 2023 Term 2 Apr 24 - Jun 30, Jul 17 - Sept 22, Term 4 Oct 9 - Dec 14. Ph 431 73 79
- Paparoa Toy Library** Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330
- Paparoa Volunteer Rural Fire Force (VRFF)** 1st and 3rd Monday of the month 6.30pm Depot Rd ph Ken Ogilvie 021 129 4042
- Plunket Ready Steady Wriggle** Mon 10am Sports Pav. Tina Ball 021 033 5128
- Selwyn Centre** Thurs 9.45am for over 65's, St Marks, Hook Rd, Ph Sue 431 6224
- Sports Pavilion** Functions Venue Bookings ph Jane Bailey 431 6148
- St Mary's Catholic Church** Maungaturoto 10am Wed, 4pm Saturday
- Table Tennis** Tues 7.30pm, Sports Pavilion \$2 Pete 021 056 7163
- Tennis** For info ph Sue 431 6224 or Pete 0210567163
- Yoga For Everyone** Monday 6-7pm Maungaturoto Hall, Tuesday and Friday mornings 9.30am Paparoa Sports Pavilion. Ph 027 294 4855

PLEASE UPDATE US WITH YOUR DETAILS: press@paparoa.org.nz

Paparoa Press CLASSIFIED ADVERTISING

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LOCAL TIDES for July 2023

TIDES - CALCULATED for PAHI-WHAKAPIRAU

DATE	LOW	HIGH	DATE	LOW	HIGH
1st	14.55	8.50	17th	16.46	10.50
2nd	15.48	9.44	18th	17.25	11.30
3rd	16.39	10.38	19th	18.00	12.08
4th	17.29	11.32	20th	6.25	12.44
5th	18.19	12.25	21st	7.01	13.19
6th	6.50	13.17	22nd	7.37	13.55
7th	7.42	14.10	23rd	8.13	14.32
8th	8.35	15.02	24th	8.52	15.11
9th	9.28	15.57	25th	9.34	15.55
10th	10.23	16.54	26th	10.22	16.47
11th	11.21	17.56	27th	11.17	17.48
12th	12.22	19.01	28th	12.19	18.56
13th	13.24	7.21	29th	13.27	7.21
14th	14.24	8.21	30th	14.32	8.27
15th	15.18	9.16	31st	15.32	9.30
16th	16.05	10.06			

Community Directory

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

COAST TO COAST HEALTH CARE

- Maungaturoto Medical Centre: 8am-5pm Mon-Fri 09 431 8576
- Paparoa Clinic: Open Tues and Thurs 8am-5pm..... 09 431 7222
- For urgent after hours medical service (Wellsford)..... 09 423 8086
- DISTRICT NURSE** Dargaville Hospital 09 439 3330
- Healthline - 24 hour service..... 0800 611 116
- HOSPICE KAIPARA** Dargaville Hospital 09 439 3330
- KAIPARA DISTRICT COUNCIL** Helpline 0800 727 059
- Mangawhai Office..... 0800 100 388
- KAIPARA PHYSIOTHERAPY** Lyndsay Bargh/Lynne Rhodes...09 4391656
- LINKING HANDS** Health Shuttle Service, Maungaturoto.09 431 8969
- LIONS CLUB PAPAROA** President Jim Rowlands..... 09 431 7290

- MAUNGATUROTO PHARMACY** 09 431 8045
- MAUNGATUROTO REST HOME** 09 431 8696
- OTAMATEA COMMUNITY SERVICES** Community House 09 431 9080
- PAPAROA LIBRARY** Free Membership..Manager 09 431 7555 during open hours: Mon, Wed 2-4, Tues, Fri 11-1, Thurs 11.30-1.30, Sat 10-12
- PAPAROA PLAYCENTRE** paparoa@playcentre.org.nz
- PAPAROA PLUNKET** .Plunket Nurse Louise 027 2823987 or 09 438 2508
- PLUNKET** Helpline 0800 933 922
- PAPAROA PRIMARY SCHOOL**09 431 7379
- PARENT PORT Inc.** free help for families Linda09 425 9357
- PROGRESSIVE PAPAROA INC (PPI)**Pete Hames.....021 0567163

From Paris to Paparoa - Five years on

On Saturday 15 July, Sweet Delights will be celebrating its 5-year anniversary at the Paparoa Farmers Market. It doesn't seem that long since I arrived in the Kaipara from Paris, knowing no one but determined to bring French pastries to a community outside a big city.

Patisserie is a specialised form of baking and Europe has some of the best on offer.



When I decided to become a qualified pastry chef, I knew I had to study with the best and Le Cordon Bleu in Paris was my first and only choice.

Moving to the Kaipara after a hectic but rewarding time in Paris has been one of the best decisions I have made. Starting a new business where you know no one and no one knows you has been challenging, not to mention the interruption of Covid and all its consequences, but I feel so lucky that the community

has embraced me and joined me in my enthusiasm for all things "patisserie".

Not only do I enjoy offering up the quintessential Paris delights, but I also love creating new taste sensations with names that are quickly becoming known by my regular customers. My Friday night Facebook posts are a chance to let everyone know what is available at the Saturday market as well as have a little "tongue in cheek" fun (case in point - my Pina Colada which inevitably gets everyone



thinking about the song - yes, I've just done it again!)

I wouldn't still be at the market except for the amazing loyalty shown by my customers, even when times are tough and I am glad I have the opportunity to thank you publicly for your ongoing support. Because of you, I want to continue to devise new sweet delights, get up extremely early on a Saturday morning (☺) and provide our community with the best authentic French patisserie I can create.



I hope you'll join me on the 15th to celebrate my five years - there will

be plenty of my classics on the menu and even a small thank you for each customer. But in the meantime, please come on down to the Paparoa Farmers Market, open every Saturday 9-12 at the Village Green and see what your local market has to offer.

Vicki Kelly



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